

Y2 Scheme of Work – PE Passport

Lessons adapted – S.T.E.P (space, task, equipment, people to be more inclusive, challenging or accessible ensuring every child is engaged and learning.



Love God, Love each other, Love Learning

Year	Topic	Week	Learning Objective	Knowledge	Skills
2	Fundamental Movement Skills 3	Autumn 1 Week 1	To skip using a rope	To know to watch the hands to know when to jump I know that there are different ways to jump a rope	I can skill using a rope I can jump in a variety of ways
	Fundamental Movement Skills 3	Autumn 1 Week 2	To dribble a ball with either hand while travelling	I know to push down on the ball using my fingers I know to relax whilst dribbling and not to be too tense	I can dribble a ball with one hand I can dribble a ball with either hand I can travel with my ball with my head up and with the ball under control
	Fundamental Movement Skills 3	Autumn 1 Week 3	To send and receive a ball using the inside of my foot	I know how to turn my foot to cushion a pass	I can receive a ball and trap it I can cushion a pass sent to me I can send a ball over a short distance using the inside of my foot
	Fundamental Movement Skills 3	Autumn 1 Week 4	To demonstrate a range of passes (shoulder, chest and bounce)	I know what a shoulder pass and chest pass look like I know how far to bounce a pass I know that good bounce passes are easier to receive	I can pass in different ways I can pass accurately I can use markers on the playground to aim bounces I can apply different passes to games

	Fundamental Movement Skills 3	Autumn 1 Week 5	To perform a range of jumps for height and length	I know the different between a vertical jump, broad jump and scissor kick jump. I know how to measure a success of jumps I know the important of arms for increasing length and height	I can perform a vertical jump for height I can perform a broad jump for distance I can perform a scissor kick over obstacles Throw arms back and drive forwards or upwards when jumping
	Fundamental Movement Skills 3	Autumn 1 Week 6	To catch consistently	I know to make a target for my partner to throw I know how to cushion the impact of a ball	I can catch consistently well I can signal that I want the ball I can make a target for my partner I can cushion the impact when catching
	Object Manipulation 2	Autumn 2 Week 1	To dribble and travel with a football	I know how to stop a ball with my foot I know what "big toe, little toe" dribbling is I know that I need control of the ball	I can dribble a football I can trap a ball with my foot I can turn with a ball
	Object Manipulation 2	Autumn 2 Week 2	To show increasing control over an object when kicking	I know my dominant foot I know which part of the foot to kick for power with I know how in goal I should brace myself to save the ball	I can trap a ball and shoot at a target with my instep I can brae myself to save a ball with my hands
	Object Manipulation 2	Autumn 2 Week 3	To take turns and share resources	I know which part of my foot to punt with I know how to punt a ball higher or lower	I can punt a ball with either foot I can punt high and low
	Object Manipulation 2	Autumn 2 Week 4	To show increasing control over an object when throwing	I know that I need the leg opposite to my throwing arm to be forward I know when to throw an overarm and when to throw an underarm	I can throw from a sideways position I can throw with more accuracy
	Object Manipulation 2	Autumn 2 Week 5	To throw underarm and overarm with increasing accuracy	I know to throw upwards to a partner over a short distance. I know to make a target (W Shape) with my hands when receiving a throw	I can throw underarm and overarm I can negotiate space successfully

	Object Manipulation 2	Autumn 2 Week 6	To show increasing control over an object in dribbling it	I know to use my fingers to push the ball when dribbling I know to allow the ball to rise to waist height before pushing it back down	I can dribble a ball with one hand I can dribble and move around without losing control
	Gymnastics – Pathways	Spring 1 Week 1	To jump and turn through 90, 180 and 270 degrees	I know what a 90, 180 and 270 degree turn looks like I know how to take off from one foot and then spring from 2 feet in a jump	I can jump in a 90 degree turn I can turn through 180 degrees I can jump through 180 and 270 degrees
	Gymnastics – Pathways	Spring 1 Week 2	To create a varied sequence in zig zag pathways	I know what a zig zag pathway is # I know what variety means I know that feedback is essential to help me improve	I can create a sequence in zig zag pathways I can demonstrate variety in my movements I can perform with clear starting and finishing positions
	Gymnastics – Pathways	Spring 1 Week 3	To perform zig zag and straight pathways	I know ways that I can adapt work to make it better I know the importance of changes of level and direction	I can demonstrate zig zag and straight pathways in my sequence I can perform with control and adaptations I can work at all 3 levels (high, medium and low)
	Gymnastics – Pathways	Spring 1 Week 4	To perform a sequence of moves in a curved pathway, adding more movements	I know what a curved pathway is# I know a range of different gymnastics movements that fit with my sequence	I can perform a sequence of moves in a curved pathway I can improve my work by action upon feedback
	Gymnastics – Pathways	Spring 1 Week 5	To demonstrate mirroring and travelling as part of a sequence	I know what mirroring is I know how to perform in sync with my partner	I can travel backwards and sideways as part of a sequence I can link my movements together I can perform mirroring with my partner
	Gymnastics – Pathways	Spring 1 Week 6	To perform a variety of pathways using controlled transitions	I know ways to transition from one move to the next I know how to make m performance aesthetically pleasing	I can perform a variety of moves on floor and apparatus using different pathways I can make my sequences flow

	Target Games 2	Spring 2 Week 1	To recap punting a ball and improve performance	I know which part of my foot to strike with I know which foot to strike with (my dominant foot) I know how to punt high	I can co-ordinate the skill of punting a ball consistently I can work with a partner to improve punting
	Target Games 2	Spring 2 Week 2	To punt a ball with increasing accuracy using both feet	I know to hold the ball over to the side I want to strike from I know that I need to be in a ready position to catch my partner's punts	I can co-ordinate the action of punting with either foot I can use both feet
	Target Games 2	Spring 2 Week 3	To strike a ball at a target using equipment	I know to get into a sideways position when striking I know to keep my head still when striking	I can strike a ball at a target using equipment I can strike a ball with increasing accuracy
	Target Games 2	Spring 2 Week 4	To strike a ball at a target with some force	I know what game situations striking with force might be needed I know that a tee is used to hold a ball in place	I can strike a ball at a target with some force and accuracy I can strike into spaces
	Target Games 2	Spring 2 Week 5	To throw a ball overarm with some accuracy at a target	I know how to stand when throwing over arm I know that practise increases accuracy I know game situations where overarm throws are needed	I can throw a ball overarm with some accuracy at a target I can choose correctly when it is best to throw underarm and overarm
	Target Games 2	Spring 2 Week 6	To send and receive a ball consistently well on "one bounce"	I know how to receive a ball after one bounce I know why a bounce before receiving the ball is sometimes used	I can throw on "one bounce" I can receive a ball consistently well after one bounce
	Athletics 2	Summer 1 Week 1	To run with technique for fast pace	I know the importance of a good start I know to travel with soft knees and quiet landings I know to keep my head still when running I know use my arms to drive up my body in L shapes	I can react quickly I can demonstrate agility, balance and control I can show accurate running technique
	Athletics 2	Summer 1 Week 2	To jump with technique in a variety of ways	I know the technique for different types of jumps	I can jump in a variety of ways I can co-ordinate a run with a jump

				I know how to cushion my knees when landing	I can comment on others using technical language
	Athletics 2	Summer 1 Week 3	To develop a hop, leap and jump for a triple jump	I know what a triple jump looks like I know the difference between a leap and a jump I know how to improve my technique to increase the height and distance of my jumps	I can demonstrate a hop, leap and jump I can discover and develop different styles of jumping
	Athletics 2	Summer 1 Week 4	To perform a standing and running jump	I know what a standing jump looks like I know what a running jump looks like I know how to increase distance of my jumps	I can jump in a variety of ways I can add a short run up to my jump
	Athletics 2	Summer 1 Week 5	To throw with increasing technique and accuracy	I know what a good overarm throw looks like I know how to increase distance of my throws I know how to keep others safe when I am throwing	I can use an overarm throw I can show a sideways position I can throw with good techniques I can throw with a run up
	Athletics 2	Summer 1 Week 6	To demonstrate a variety of athletic techniques on an obstacle course	I know WAGOLL for jumping, throwing and running	I can demonstrate a variety of athletic techniques confidently I can help a peer improve their performance with feedback I can complete an obstacle course
	Dance-under the sea	Summer 2 Week 1	To use my body to create “under the sea” related shapes, movement and actions	I know how to contribute key words to a theme related mind map I know how to translate words/ideas into theme related shapes, movement and actions	I can use my body to create theme related shapes, movement and actions I can develop the first 16 counts of a motif I can follow whole group choreography
	Dance-under the sea	Summer 2 Week 2	To develop my moment, shapes and actions based on our class mind map	I know how to translate my ideas into movement and actions I know what a good performance looks like – timing, levels and dynamics	I can use my body to express simple theme related shapes, movement and feelings I can give constructive feedback

					I can follow whole group choreography
	Dance-under the sea	Summer 2 Week 3	To use 1-2 actions to create a short traveling section for our motif	I know different ways to travel I know to look forwards when travelling I know to control my speed for safety	I can travel safely and creatively in space I can show different levels when I travel I can show different pathways when I travel
	Dance-under the sea	Summer 2 Week 4	To use a poem to create an 8-16 count phrase in partners	I know how to turn what I see into ways of moving I know how to listen to other people's ideas and vocalise my own thoughts	I can communicate effectively with my partner. I can use pictures to create shapes, movement and actions
	Dance-under the sea	Summer 2 Week 5	To use a picture to create the next 6-18 count phrase in partners	I know what unison means and looks like I know how to turn what I can see into ways of moving	I can use pictures to create shapes, movement and actions I can show level, direction and unison I can join movement together so that they start to flow I can communicate effectively with my partner
	Dance-under the sea	Summer 2 Week 6	To remember, improve and perform a simple sequence To peer assess performance	I know how to use simple technical language to give feedback Traveling Unison Direction Control Timing	I can remember and perform a single sequence of movement I can identify WAGOLL and give feedback to help my partner improve